

Housing Support

Mickey

Mickey is 32 years old; he lives with his partner Stevie. They have just moved into a two bed-roomed tenancy in the largest housing estate in South West Scotland. Mickey has three children from a previous relationship, Lorna 15, Roger 16 and Tegan aged nine, Mickey has regular contact with the children and they are getting to know each other again.

Mickey and Stevie are busy decorating and furnishing their new house, working hard to turn it into a family home with the encouragement and support from his Sacro support worker.

For Mickey it has been a long and difficult journey to reach the stage he is at now. It began when he was in his teens; he became a major player in the drug scene in the estate where he now resides. At one stage he was so prolific in his offending behaviour that the local counsellor wrote to all the Registered Social Landlords to advise them of his behaviour and not to house him.

Mickey's offending history is vast, Breach of peace (three), various motoring offences (10) Assault and permanent disfigurement (one), possession of drugs (one) and supply of drugs (two) he received several sentences in England as well as Scotland, for the supply of drugs he received sentences for seven years and three years.

During his last custodial sentence Mickey decided he no longer wanted this type of chaotic lifestyle, he made up his mind to become clean, on liberation from prison he went to live with his mother who supported him as long as he did not commit further offences or use drugs.

In August 2006 Mickey agreed to Sacro providing him a support service, in particular befriending, assisting him to engage with agencies that have an interest in his welfare, budgeting and resettlement.

For Mickey it has and still is difficult to manage activities of daily living, he suffers from Depression, Paranoia and Anxiety. He finds it difficult to leave his house and he often needs support to venture outside his home, he has an appointment in August 2007 for psychological counselling. His GP prescribed him; Diazepam, Vallium etc. he finds it difficult to sleep or get up in the morning without his medication.

Due to his past offences being mainly committed in the area where he now resides he is still viewed with a great deal of suspicion and feels he is targeted by locals.

Mickey's support continues and is now directed at building and increasing his confidence and self-esteem.

Dumfries & Galloway Housing Support Service

