

Supported Tenancy

Mr B received a custodial sentence of four years for sexual offences against children. He was released into the community on a parole licence and required to register on the Sex Offenders' Register.

Mr B was assessed as having complex emotional needs; he had many unresolved emotional issues from childhood and was extremely anxious upon his release feeling unable to cope with the high levels of anxiety and stress he was experiencing. Sacro put high levels of support and monitoring in place for Mr B on his release from prison following discussions with Criminal Justice and Housing Services.

Mr B upon release had limited support networks and received no support from family or friends. Sacro assisted him to gain access to social activities in the local community and he became part of the church, which helped increase his social network and reduced the social isolation he had been experiencing. It is believed that reducing social isolation lowers the risk of re-offending to some degree.

Mr B continued to suffer from periods of high anxiety and stress and Sacro continued to support him when his mental health deteriorated to the point where hospitalisation was necessary. During these periods, support and monitoring was increased, as mental ill health had been associated with his previous offences and was believed to increase risk.

Mr B has come a long way via many small steps. He has become more self confident, more involved in the community and although continues to struggle with past issues, is able to manage his feelings / actions in a more positive manner.

Mr B stated on many occasions that he feels he could not have made the progress that he has done without the advice, support and assistance he received from Sacro, and the risk to the community was more effectively managed as a result of the support and monitoring offered by Sacro in this case.

Fife Supported Tenancy Service

