

bright CHOICES

Bright Choices provides help and support for people in conflict because of tradition, religious or social practices or issues of honour. We can help if:

- You cannot agree with your family or community about what behaviour is 'acceptable'.
- You do not want to grow up or raise your family in the traditions of your community.
- You or someone you know is accused of 'shaming' and 'dishonouring' the family or the community.
- You know that someone else is suffering because he/she is 'dishonouring' his/her family.
- You are abused in your marriage but you cannot leave your husband/wife.
- You want help to discuss issues of honour with your family or community.
- You or someone you know needs help to stay safe in their family home or in their community.

**Call us in confidence on:
0131 622 7500**



Bright Choices

Sacro, 29a Albany Street, Edinburgh EH1 3QN

Tel: 0131 622 7500

Fax: 0131 624 7269

Email: brightchoices@sacro.org.uk (*enquiries*)



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